

# CENTRAL NEWS

October 2024



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## A Time For Rest

Our pastor, Shayne Estes, and his wife Kelly, are enjoying a vacation in Iceland as you read this. They are very good about setting aside time for rest and reflection. They will no doubt have some interesting tales to share about their trip when they return – volcanos, hot springs, glaciers. All of us need to take time to rest and rejuvenate, but many of us just push on with our busy schedules. When was your last “break?” Most of us need to actually schedule such breaks; they don’t just happen. Take time for your physical and spiritual health. Rest. Reflect. Rejuvenate. . . . . contributed by Leah Duncan

## Pastor Appreciation – October 13<sup>th</sup>, Luncheon

We are celebrating Pastor Appreciation Month on October 13, 2024 with a luncheon immediately after morning service. Please bring a dish to share. Express your appreciation to Pastor Shayne with a card or note. For those who would like to donate a monetary gift, a contribution to support Shayne’s medical mission trip in February would be greatly appreciated. After all, this would be a wonderful opportunity to say thank you to Pastor Shayne as well as supporting the least of these who are in dire need of medical attention.

Pastor Appreciation Month (October) is a relatively new concept since 1992. However, many believe its roots are traceable to Biblical times using this scripture from St. Paul, found in Timothy. *“The elders who direct the affairs of the church well are worthy of double honor, especially those whose work is preaching and teaching.”* (1 Timothy 5:17)

We celebrate our pastors and clergy because the commitment and dedication of these hardworking people in the church builds a brighter future for us and our community. Their responsibilities are not limited to everyday help; the clergy serve during major life moments too. They provide support and guidance in the ups and downs of our lives. They lead funeral services, pray for the sick, and often receive the brunt of people’s emotions. In becoming a pastor, one accepts the role of harboring the feelings of others, no matter how heavy or difficult they are to bear. We saw how during COVID a pastor’s work was challenging, sacrificing personal safety in the name of spreading the word of God. They comfort people who have infectious diseases, cancer, depression, etc. helping them to see the light in a dark place. If someone in your community dies, a pastor helps the family say goodbye with grace and dignity. However, they also play a role in our happier moments: wedding ceremonies, baptisms, and more, offering their time and expertise to help us connect with God. Who would have led your wedding day or baptized your child without the clergy? Thank your Pastor!

(Edited from: Chris Holland, blog, Playlister)

## **Church Update**

The restrooms will be completed soon. Yeah!! Our next project in October is to replace the carpet in the fellowship hall with LVP (luxury vinyl planking) in a wood grain, which can be mopped clean. Some support beams underneath may need to be shored up or replaced in the process. Also we've been working with the HVAC companies to troubleshoot some problems, and hopefully these will be resolved soon. Northstar will be installing an electric hot water heater in the upstairs kitchen and replacing some pipes. The old water heater was gas, which is no longer supplied to the church, and it was old. There has been a lot of activity with workers in the building for many months. We hope things will calm down soon!

## **All Saints Day – November 3<sup>rd</sup>**

The church recognizes members and friends of our congregation who have passed away during the past year. We know of Bill Davis and Christine Mann. If you know of others, let us know. At the 11:00 service on 11/3, we will light candles in memory of our Saints. Also, you will have the opportunity to light a candle in memory of someone special to you.

## **Donations to Church – Go Fund Me Canceled**

The Go Fund Me Site has been canceled. There were too many problems with it, as well as them charging a fee. Any donations to the church can be by check directly to the church, or a bank to bank transfer to the church's account. If you know someone who would like to make that type donation, Sandy or Nancy have information on how to accomplish that.

## **Game Nights – 6pm, 3<sup>rd</sup> Saturdays**

Every third Saturday, game nights will be coordinated by Dan & Tabitha Sierra. Come enjoy pizza, snacks, and lots of good fellowship. You don't have to participate in board games to attend.

## **October Birthdays**

Leah Duncan 10/20

## **Upcoming Events**

Wednesdays @ 6:30 pm weekly Bible study @ St. Francis Home: *Gospel of John*

Oct. 4, Fri. – Northstar packs lunches for the Healing Place

Oct. 11, Fri. 9am – Church Board Meeting

Oct. 13, Sun. Noon – Pastor Appreciation Luncheon

Oct. 19, Sat. 6pm – Game Night

Oct. 20, Sun. 5pm – Church Conference at Providence UMC in Chesterfield

Nov. 3, Sun. – All Saint's Day

Nov. 3, Sun. – Daylight Savings Time Change - Set Your Clocks Back!

Central UMC Traditional Sunday Worship Service: Sun. @ 11am, All are Welcome!

Narcotics Anonymous meets weekly: Sun. @ 7pm, Wed. @ 6pm; Fri. @ 6pm

Northstar Community: Sundays, 8:30am – Men's & Women's Groups in classrooms; 9:30am – Healing Service in Wesley Hall; Tuesdays 6:00pm – Recovery Yoga; Wednesdays 6:30pm – Women's Group